



Wednesday, February 21st , 2018 - 11:30am - 1:00pm

Twisted Tuna—4290 SE Salerno Rd., Stuart, 772.600.7239

**Join us for our lunch meeting!!**

*How to Incorporate a  
Successful Wellness Program at Work*

**Presented By:**

Joelle Kantor, CHES , CCWS  
Wellness Coordinator with Gehring Group

This presentation will discuss the beginning stages of creating a wellness program and how to implement. Items that will be covered are: branding your wellness program, surveys (what to include and how to distribute), budgeting for your program, how to engage your employees and more.

**Key learning objective for the Presentation**

- Where to start on planning a wellness program; how to get there; Management/C-Suite Buy-in; how to move forward after initial plans

**About our Speaker:** Joelle Kantor is a skilled professional with focus in corporate wellness program implementation, Joelle has valuable experience in designing and implementing wellness, fitness, and health improvement programs and promotions. Joelle's experience involves working with both large and small employee populations and she is focused on long-term participation and results .

As Wellness Coordinator at Gehring Group, Joelle employs a combination of experience, knowledge, enthusiasm, coordination and empathy to deliver cost saving, achievable, proven, and innovative programs to our clients.

During her years working in this specialized field, Joelle has worked in both the private and public sectors and has achieved a reputable resume which includes the planning and coordination of aggressive wellness program initiatives, wellness fairs and biometric screenings for populations of 50 to over 2,000 employees.

In addition to these accomplishments, Joelle, holds a bachelor's degree in Health Science from the University of North Florida, with a Minor in Health Education, and has also achieved the *Certified Health Education Specialist* and *Certified Corporate Wellness Specialist* health and wellness related credentials

***Our Sponsor: Seaside Nutrition Consulting***

**Registration Fee: \$25/members & \$30/non-members**

**Deadline: Monday, February 19th , 2018**

**Register Now: <http://www.hrmartin.org/event-2791520/>  
**Registration****

**This program will  
be submitted for 1  
(general) re-certification  
credit hour toward SHRM-  
CP, SHRM-SCP, PHR, SPHR  
and GPHR re-certification.**

